

For Immediate Release

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New Survey Shows unhealthy options abundant in Plumas County stores

Quincy, CA – March 8, 2017 – A report released today on the retail environment in California shows that it is essentially easier to find a cherry-flavored tobacco product in Plumas County than it is to find an actual bag of cherries. 83 percent of stores in Plumas County sell flavored tobacco products such as cherry-flavored cigarillos, but only 47 percent sell fresh fruits or vegetables. This finding was of a research on the availability and marketing of tobacco products, alcohol, condoms and healthy and unhealthy food options in California stores that sell tobacco.

Today, throughout California, health advocates held 13 press events to release results of the scientific survey, which is the largest its kind. It builds upon an initial research released three years ago in March 2014 and provides insights into changes in the availability and marketing of the studied products during this time. Information was collected in 2016 from more than 7,100 stores in all 58 California counties including pharmacies, supermarkets, delis, convenience and liquor stores as well as tobacco-only stores.

“Overall, the findings show a continuing and alarming discrepancy in our county in the accessibility and marketing between products that promote a healthy lifestyle, and those that don’t,” said Dana Cash, a Health Education Coordinator at Plumas County Public Health Agency. “Stores play a critical role on our community’s health, and this survey shows offerings and messaging are out of balance, tipping heavily toward unhealthy options. Our goal is to help re-calibrate the balance toward health.”

The survey found the following for Plumas County:

- 37% of stores sold non- or low-fat milk, but nearly 90% sell alcohol.
- 80% of surveyed stores sell condoms, but only 67% sell them on unlocked shelves.
- E-cigarettes saw a significant increase in Plumas County in stores from the last time this survey was conducted, up more than 18%.

“The expanded availability of e-cigarettes are of particular concern and reflect the spike in use by teens and young adults in the last three years,” said Cash.

Another goal was to examine the accessibility and marketing of healthy and unhealthy products to youth.

“This survey found that our community’s youth are inundated with unhealthy messages and choices. We need to change what information and options our kids are exposed to and work to surround them with healthy choices and messaging instead,” said Cash.

The survey found the following for Plumas County:

- Only 3% of stores advertised healthy products on their storefronts, but 53% of storefronts advertised unhealthy products. 40% of stores near schools have storefront advertising for unhealthy products.
- More than 40% of stores place tobacco or alcohol products or ads in kid-friendly locations, such as tobacco ads at 'kid-level' (three feet or below) or tobacco products near candy or toys.
- 83% of stores sell flavored non-cigarette tobacco products, which often have kid-appealing flavors, such as grape, watermelon, chocolate, gummy candies and even breakfast cereals. Similarly, 100% of stores near schools also sell flavored tobacco products.

"Plumas County Public Health Agency is committed to continuing to work with local health advocates and partners to provide accurate information and help make the healthy choice the easy choice for Californians," Cash said.

Healthy Stores for a Healthy Community is a statewide campaign formed by tobacco prevention, nutrition, alcohol abuse prevention and STD prevention partners collaborating to improve the health of Californians by informing them about the impact of unhealthy product availability and marketing in the retail environment.

Additional survey findings include:

1. Alcopops are sold at 81% of stores.
2. Tobacco chew is sold at 73% of stores.

For state and county-specific data and more information on Healthy Stores for a Healthy Community, please visit www.healthystoreshealthycommunity.com.

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