Ryan Gruver Health and Human Services Agency Director

500 CROWN POINT CIRCLE, STE 110 GRASS VALLEY, CA 95945 TELEPHONE (530) 265-1450 (888) 303-1450

Nevada County Health and Human Services Agency

Public Health Department

Jill Blake, MPA
Public Health Director

Ken Cutler, MD, MPH
Public Health Officer

10075 LEVON AVE, STE 202 TRUCKEE, CALIFORNIA 96161 TELEPHONE (530) 582-7814

FOR IMMEDIATE RELEASE

CONTACT: Shannon Glaz Shannon.glaz@co.nevada.ca.us O530-265-1451

New Survey finds progress in reducing the availability of harmful tobacco products but more work is needed

Grass Valley, CA – June 2020 – New research shows that in Nevada County the availability of e-cigarettes has decreased from 72% in 2016 to 64% in 2019 among surveyed stores. These findings are part of new research released today on the availability and marketing of tobacco products, alcohol, condoms and healthy and unhealthy food options in California stores that sell tobacco.

The Healthy Stores for a Healthy Community (HSHC) Survey is the largest scientific survey of its kind in the state and builds upon previous research released in 2014 and 2017 to look at changes in the availability and marketing of the studied products over time. Information collected from nearly 8,000 randomly selected licensed tobacco retailers in all 58 California counties included convenience, gas, grocery, liquor, and drug, as well as tobacco stores.

One of the key goals of the survey was to examine the accessibility and marketing of healthy and unhealthy products to youth. In Nevada County, 22% of surveyed stores still have tobacco marketing in kid-friendly locations, such as near candy or toys or under three feet.

"The findings show that while we have made some progress in combatting tobacco, our community's youth are still surrounded by unhealthy choices and messages in the retail environment," said Jill Blake, Nevada County Public Health Director "Tobacco advertising shouldn't be somewhere that's meant to be seen by kids. Overall, we need a better balance of healthy choices in our stores. This information is important to examine because the three leading causes of death in California are from heart disease, cancer and stroke – we can largely prevent them by eliminating tobacco use, limiting alcohol use, eating healthy and being physically active."

The survey found the following for Nevada County:

- The vast majority of stores sold little cigars/cigarillos (85%) or chewing tobacco (85%). These widely available products come in hundreds of enticing flavors and can be sold individually making them very appealing to youth.
- More stores in Nevada County sold flavored tobacco products such as e-cigarettes, little cigars and chew, (83%) than fresh fruits and vegetables (65%) when surveyed.
- The majority of surveyed stores that sold alcohol (92%) sold alcopops. These are alcoholic beverages that come in sweet and fruity flavors that can be appealing to kids.

"The continued availability of flavored tobacco products are of particular concern as four out of five youth who have used tobacco started with a flavored product. Flavors are the tobacco industry's recruitment tool to hook new customers," said Jill Blake, Nevada County Public Health, is committed to continuing to work with local health advocates and partners to provide accurate information and help make the healthy choice the easy choice for Californians. We have an important opportunity, now, to make sure our stores offer healthier options."

The Healthy Stores for a Healthy Community campaign is a statewide collaboration between tobacco and alcohol use prevention, sexually transmitted disease prevention, and nutrition partners to examine what's in our community stores and how that impacts public health.

For full state and county-specific data and more information on Healthy Stores for a Healthy Community, please visit www.healthystoreshealthycommunity.com.

Nevada County Public Health Tobacco Use Prevention Program

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